



**Title:** SAY SOMETHING!  
**Author:** Peter H. Reynolds  
**Illustrator:** Peter H. Reynolds  
**Publisher:** Orchard Books  
**Date published:** 2019

<b>Pyramid Model Skill or concept(s)</b>	Teaching Social Skills and Emotional Competencies, Teaching Friendship Skills, Teaching Children to Express Emotions.
<b>Goal/Objective:</b>	Children will be able to identify ways that they can “say something” using their spoken words, actions, and/or creativity. Children will explore how their words/actions/creativity can impact others around them.
<b>Emotional Vocabulary:</b>	Empathy, bravery, pride, acceptance, identity, strength, kindness

## SAY SOMETHING!

We all have something important to say. We can make our voices heard, not just with words, but also through our actions and creativity. Peter H. Reynolds empowers children (and adults!) to, “SAY SOMETHING!”. With his own words and illustrations, Reynolds introduces the concepts of social justice and social action. When we speak what is in our heads and hearts, we have the power to help ourselves, help others, and change the world.

<b>Story Time: (Show and Tell It)</b>	
<b>Name of Activity:</b>	Say Something!
<b>Preparation/Materials:</b>	Prepare chart paper or poster paper with the headings, “Words”, “Actions”, “Being Creative”, with a heading on each piece of paper.
<b>Ideas of what to say or do.</b>	<p>Introduce the book to the children, showing them the cover and reading the title. Inquire about what they think the book might be about.</p> <p>Ask, “Did you know you can say things without using your words?” Invite any thoughts about how you can communicate without vocalizing. Ask, “Did you know your voice is strong and powerful?”</p> <p>After reading the book, ask the children to identify the different ways they can make their voices heard (spoken word/actions/creativity). Recall and discuss the different ways in the book, people used their voices to help themselves, help others or help the community/world. Ask them how they would like to use their voices. Chart their responses on the appropriate chart.</p>

New York State  
**BOOK NOOKS**



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**Small Group: (Practice Makes Perfect)**

<b>Name of Activity:</b>	"Using Your Voice"
<b>Preparation/Materials:</b>	<p>Choose one or two of the phrases on the inside cover of the book which feel developmentally appropriate for your group (i.e., "Let's make the world a colorful place," "Together is better," or "You've got a Friend." )</p> <p>Place the phrases on chart or poster paper.</p> <p>Different art materials to create visual representations of the children's ideas</p>
<b>Ideas of what to say or do.</b>	<p>In small groups, introduce the phrase(s) you chose from the inside of the book cover. Invite the children to explain what that phrase means to them. Chart their responses.</p> <p>Review the idea that they can use their voices to help themselves, others, or the community/world. Prompt them to think about how they can use their voices to support the phrase. Invite children to share their thoughts by dictating their ideas to you and/or creating a visual representation using the art materials.</p> <p>Wrap up with a discussion about how it makes you feel when you are helping yourself, others, the community/world.</p>

