

Title: Skin Again
Author: Bell Hooks
Illustrator: Chris Raschka
Publisher: Disney
Date published: Hardcover, 2004

Skin Again

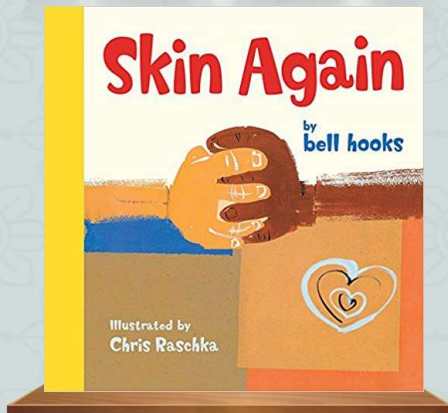
This powerful book helps children identify that there is more to a person than just their skin. It helps to teach children that we need to look below the surface to learn about each other and to find out about who we really are.

Pyramid Model Skill or concept(s)	Cultural Awareness, Identity, Friendship
Goal/Objective:	To acknowledge that a person's skin and appearance are part of our identity but does not define who a person is. To recognize similarities and differences in people.
Emotional Vocabulary:	Happiness, Joy, Compassion, Excitement, Hope, Interest, Longing, Pride, Wonder

Story Time: (Show and Tell It)

Name of Activity:	What is Skin?
Supplies needed:	The book "Skin Again", an apple, peeler, a banana for each child, chart paper, markers
Ideas of what to say or do.	As a warmup, show the children the apple and the banana. Ask them "What is on the outside of the apple and banana?" Help the children identify that there is a "skin" on the outside. Talk about the definition of skin. Skin is the outer layer of fruits and vegetables. Ask the children, "What is on the inside?". Give children the chance to talk about what is on the inside of each fruit. As children are giving answers, write them on chart paper. This gives the children a chance to predict what they will see on the inside of the skin. Once children are finished, tell them that you will now be looking under the skin of each fruit. Take the apple and peel it so that all children can see. Cut the apple so the children can see that there is also something beneath the actual fruit; the seeds.

New York State

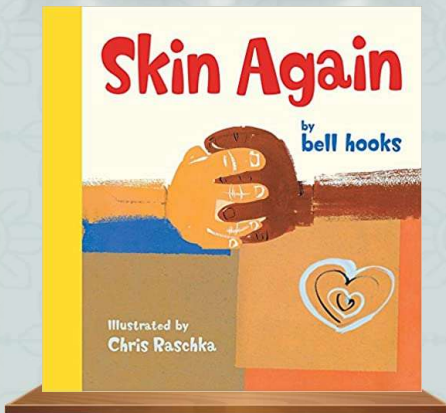
**BOOK
NOOKs****Skin Again****Title:** Skin Again**Author:** Bell Hooks**Illustrator:** Chris Raschka**Publisher:** Disney**Date published:** Hardcover, 2004**Ideas of what to say
or do.
(cont.)**

Hold up the peel and the apple when done and compare what is on the inside of the apple to what they told you on the chart paper. Help children identify what is the same and what is different. Give each child a banana and ask them to peel their banana to find what is on the inside. Help children as needed. Again, compare and contrast to what they predicted was on the inside of the apple. Are they different, are they the same? Allow children to eat their banana if they would like.

When finished, ask the children what is on the outside of their bodies. Help children identify that they also have a skin on the outside of their bodies. Ask children what they have on the inside. Most children will identify things like bones, blood, muscles. Again, chart the children's answers. Compare this to what is on the inside of the fruits. Tell them that people have much more on the inside than bones, blood, and muscles (or whatever they described). This will lead into reading the story.

Show the children the cover of the book. Ask children to tell you what they think the book is about. Once children are done answering, read the story. Allow time for children to reflect on the story and text.

New York State
BOOK NOOKS



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Ideas of what to say or do.
(cont.)

When done, ask the children to describe their own skins. What do they see when they look at their skin? What do they see when they look at the friend next to them? Ask them what their skin tells about them and if it is the only way for someone to get to know them. Ask them to tell their friend something else about them: what they like to play, what they like to eat, what they do together with their families. Compare to what they said on the chart paper. The idea is to remind the children that there is more to them than just their skin. To truly know someone, we must look beyond our skin to see what is underneath. This is what makes us unique and special. While we may look the same or different from our friends, we need to get to know what's on the inside of someone to really get to know them and that is what makes people the same and different.

What Pyramid Model skill or concept is covered?

Cultural Awareness, Identity, Friendship

