

Medicaid Redesign and Medicaid Waiver

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Significant Activity in Health Systems

- Implementation of Affordable Care Act (ACA)
- New York Medicaid Redesign Team
- NYS Medicaid Waiver
- Shifts to Medicaid Managed Care
- Payment reform
- Patient-Centered Medical Homes, Accountable Care Organizations, Health Homes
- Electronic Health Records implementation

Objectives of Reforms

- Improve coverage and access
- Better understand and control costs
- Triple Aim
 - Improving the patient experience of care;
 - Improving the health of populations; and
 - Reducing the per capita cost of health care.
- Emphasis on prevention to improve outcomes and reduce expenditures
- Targeting higher risk/higher cost (80/20)

Medicaid Evidence-Based Benefit Review

- Charged with assisting the Department of Health in its evidence-based clinical review of the Medicaid basic benefit package, including examining new and emerging as well as existing services and technologies, to improve health care quality, improve patient outcomes, and lower costs in the program.
- Home visiting recommendation in NYS Medicaid waiver came from this group.

Reforms Offer Opportunities

- Focus on prevention over remediation
- Focus on understanding costs
- Focus on evidence-based practices
- Managed care may offer new flexibility, especially if cost-effectiveness is clear; i.e. managed care organizations offer home visiting programs as a way to benefit from on proven cost-effectiveness
- Focus on equity/disparities – access to quality matters

Background

- State Medicaid Plan
- Section 1115 Waiver
- Medicaid Redesign Team
- Triple Aim
- Medicaid Redesign Team Waiver

Public Health Innovation

- Integration of community-based public health prevention programs into Medicaid and the broader health care system
- Evidence-based strategies will advance New York's efforts to achieve the Triple Aim
- Integration will promote population health and reduce systemic costs
- Health care system that encourages health and well-being

Public Health Innovation

- Consistent with New York State's Health Improvement Plan
- Addresses persistent health disparities and escalating health care costs
- Proposals will be implemented as demonstration projects and evaluated for effectiveness

Public Health Innovation

Once tested and proven to improve health care delivery
improve patient outcomes achieve cost savings



Benefit of the New York State Medicaid Program

Evidence-based preventive nurse home visiting services such as Nurse Family Partnership

- NFP has demonstrated consistent evidence of positive impact on short- and long-term health behaviors and outcomes
 - Improved short-term health
 - Reduced overall health expenditures due to chronic disease in later life
 - Consistent with CMS' interest in assuring healthy pregnancies, positive birth outcomes and optimal early childhood development

Specific Outcomes

- Improvement in pregnancy outcomes
- Reduction in early childhood injuries
- Reductions in child abuse and neglect
- Reductions in childhood emotional, behavioral and cognitive problems
- Increased spacing between pregnancies

Implementation per Waiver Request

- Support for these preventive services
- Funding will be made available for existing NFP programs
- Waiver funding will be made available for approximately six new programs for planning and development in years 1 and 2, full operation by year 3

Implementation per Waiver Request

- In years 4 and 5, program will be evaluated for effectiveness in improving birth outcomes and reducing health care costs
- If found effective, will be continued beyond waiver period and expanded
 - Need
 - Return on investment
 - Funding availability